

# Pesso-Boyden System Psychomotor (PBSP) Training for Psychotherapists and Mental Health Providers

**PBSP**® Supervisor and Trainer, Jim Amundsen, PhD will be offering 3 days of training in San Diego, CA. Psychotherapists, social workers, and mental health practitioners of all levels of experience with PBSP, from beginner to advanced, are welcome to attend.

**May 31, June 1, and June 2, 2019**

**Friday: 9 am to 5 pm**  
**Saturday: 9 am to 5 pm**  
**Sunday: 9 am to 4 pm**

Standard Registration Fee: \$450 | Student Fee \$375

*\*Must be enrolled in a college/university to be eligible for Student Rate\**

Email Maya Heffernan at [mheffernan.therapy@gmail.com](mailto:mheffernan.therapy@gmail.com) to sign up

Visit <https://pbspamericaconnect.org/events> to register and submit payment

Location and event details forthcoming upon receipt of completed registration & payment

**PBSP**® is a powerful mind-body approach to psychotherapy that is recognized as a modality of choice whenever people are struggling with emotional challenges originating in childhood. **PBSP**® is an effective therapy for the reeducation and remolding of difficult mind /body patterns in the human psyche. Participants will develop and enhance their skill and knowledge as PBSP therapists. This hands-on, experiential program will consist of theory, exercises, demos, and supervision.

Participants will be able to:

- Identify manifestations of unmet basic developmental needs as they arise in the therapy session.
- Review PBSP principle of Ideal Parenting as a healing response to unmet needs and how to teach it to the client.
- Utilize the techniques of witnessing and “voices” when working with clients in the early stages of a PBSP session or in relational therapy.
- Practice helping their clients use symbolic action and satisfying interactions with ideal parent figures to create new and more positive, experientially anchored internal maps.
- Utilize PBSP tools, focused on developing and maintaining safety, respect and careful limits when working with abused and traumatized clients.

For more information, contact Dr. Aimee Pearson at [draimeepearson@yahoo.com](mailto:draimeepearson@yahoo.com) or  
Maya Heffernan at [mheffernan.therapy@gmail.com](mailto:mheffernan.therapy@gmail.com)

