

CRITERIA OF EIGHTEEN POINTS

1. Is therapist able to create a possibility sphere to work in?
2. Does therapist identify highest energy, help client utilize highest energy?
3. Does therapist help client find resolution/full expression of highest energy in action and interaction on bodily level and does the structure result in satisfaction of an essential need?
4. Does therapist follow client without giving away essential leadership or taking over process?
5. Does therapist lead the structure in a way that clarifies a historical issue and/or a present issue on experiential as well as on intellectual level?
6. Has therapist sufficient attention for pre-structure stuff, such as motivation, contract, relationship and transference?
7. Does therapist use clear and appropriate role-definitions? (verbalization)
8. Does therapist understand and implement basic theory and basic techniques of PBSP?
9. Is therapist able to form and verbalize basic hypotheses in relation to the client concerning diagnoses as well as processes?
10. Is therapist comfortable with unexpected strong emotional expressions?
11. Is therapist able to take group leadership position in a quiet and clear way?
12. Does therapist pay attention to good accommodation?
13. How good is therapist in listening and observing the body and utilizing this observation?
14. How clear and well-timed are the interventions and how do they fit in with what is happening?
15. Does therapist not permit direct or indirect reconstructions?
16. Is there basic hope and trust within the therapist in the process of the client and does it show up in his or her work?

17. Does it show that the therapist distinguishes PBSP vs. therapeutic message of other modalities?
18. Does therapist attend to the diversion of transference from self to role-playing accommodators?